Joe Lombardo Governor

Richard Whitley, MS Director





Marla McDade Williams, MPA *Administrator*

COMMISSION ON BEHAVIORAL HEALTH WITH DIVISION OF CHILD AND FAMILY SERVICES

APRIL 11, 2024

MEETING MINUTES

DRAFT

This meeting used Microsoft TEAMS technology for video and audio capability.

COMMISSIONERS PRESENT:

- 1. Arvin Operario
- 2. Braden Schrag
- 3. Dan Ficalora
- 4. Gregory Giron
- 5. Jasmine Cooper
- 6. Lisa Durette
- 7. Lisa Ruiz-Lee
- 8. Natasha Mosby

STAFF AND GUESTS

Alejandro Ruiz Amanda Haboush-Deloye Amna Khawaja Amy Miller-Bowman Beverly Shanahan Belz & Case Government Affairs Scribe by Rewatch Carley Murray DeBonis, Tami Don (Guest) Donna Laffey Douglas Flannery Dr. Christine Moninghoff Edwards, Dorothy A Elyse Monroy-Marsala Gwendolyn Greene Hailey Jennifer Henry Aaron Jennifer Hailey

Jessica Goicoechea-Parise Joelle McNutt Karen Taycher Kary Wilder Kathryn Martin Keibi Mejia Khalileah Daniels Kristen Rivas Linda Anderson Linda Guastella Loren Gonzalez Lori Follett Marcel Brown McKaye Treanor Michael Flynn Michelle Sandoval Mignon Hoover Natalie Sanchez Nhoree Heath Nicholas Hollister Nicole Mara read.ai meeting notes Richard Egan **Ryley Harris** Samantha Jayme Sandra Lowery Shahan, Beverly Shelly Mirato Sherry Stevens Stephen J. Avillo Tara Crammer Terrence O'Reilly Victoria Erickson Wilcox, Valerie William Wyss YW (Guest)

MEETING MATERIALS: <u>https://dpbh.nv.gov/Boards/CBH/Meetings/2024/NVCBH2024/</u>

- 1. Call to Order and Introductions. *Braden Schrag, Chairman, Commission on Behavioral Health with DCFS*, called the meeting to order at 9:03 am. *Kathryn Martin, Division of Child and Family Services (DCFS),* conducted roll call and quorum was established.
- 2. **Public Comment and Discussion.** No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item upon which action can be taken.

- Carley Murray announced Nevada PEP is holding activities for Children's Mental Health Acceptance Week (May 5th – May 11th) and is participating in the Southern Nevada Summit on Children's Mental Health scheduled for Monday and Tuesday of that same week.
- 3. For Possible Action. Approval of the January 11, 2024 Meeting Minutes *Braden Schrag, Chairman*

MOTION: Dan Ficalora made a motion to approve the January 11, 2024 Meeting Minutes.SECOND: Lisa DuretteVOTE: Unanimous with no opposition or abstention

4. For information only. Aurora Center for Healing – McKaye Treanor, Admissions Director, Aurora Center for Healing

McKaye Treanor shared a PowerPoint presentation giving an overview of the 40-bed psychiatric residential treatment center located in Mineral County which provides developmentally aware, trauma-responsive care for teens ages 12 through 18. The Center has been open for 17 months. The leadership team has over 50 years of experience and is very involved in daily operations with therapists and nurses. Ms. Treanor described the facility student amenities and specific services provided designed to facilitate boundaries and provide structure, support, and compassion to help students feel safe, gain confidence, begin to heal and re-engage with their families and communities in positive ways. They specialize in working with students in need of sub-acute care.

An onsite crisis intervention team keeps the campus safe from self-harm and aggression, prevents major incidents and restraints from occurring, and facilitates student use of coping skills to help manage their behaviors. Self-reflection and sensory rooms provide student breaks in a calm and therapeutic environment. A stabilization dorm for students exhibiting high-risk behaviors provides 1:2 staffing and additional therapy is utilized with the goal of students rejoining the milieu as quickly and safely as possible. The Center utilizes a PACT Treatment approach to redirection after a referral. Ms. Treanor shared statistics showing decreases in self-harm, elopement, and safety holds in addition to increased academic completions, student progression, and staff employment satisfaction.

Commissioner Durette asked about the integration of psychiatry and professionals in the development and oversight of treatment plans. McKaye Treanor explained the program's process for involving the facility's psychiatrist in reviewing student referrals prior to admission, doing the initial psychiatric evaluation and working with parents, followed by ongoing meetings with the student and their therapist and treatment team to make needed adjustments or change medications.

Commissioner Durette asked about how informed consent of the youth shown in the PowerPoint photos who had been described as having severe trauma and potentially intellectual developmental disabilities was obtained. McKaye Treanor said she would never publicly share the youth's images without their consent. Commissioner Durette expressed her concern and put on the record that she was gravely concerned about the public sharing of the youth images. She stated that the youth may have severe psychiatric or behavioral illnesses and their capacity for assenting to the sharing of the images may not be consistent with an adult who can fully consent. The repercussion of these images being out in the public, especially as youth transition into adulthood could be severe and she expressed concerns that if the facility were comfortable sharing images public like this, she wondered what else was happening and requested her comment be put on the record. McKaye Treanor appreciated the feedback and explained the Center does not share youth images publicly and the photos were specifically for the PowerPoint presentation.

Commissioner Ficalora asked about referrals. Ms. Treanor reported referrals were received from both Northern and Southern Nevada agencies, acute hospitals, and the Division of Child and Family Services (DCFS). The Center works closely with internal and external teams on discharge planning to identify programs, psychiatrists, therapists to ensure students are connected with recommended outpatient care, and the schools. Commissioner Durette expressed concern that there is no way to appropriately obtain consent or assent for youth in foster care to share their images publicly. Ms. Treanor stated she understood the concerns and was noting them. Other Commissioners shared their concerns and a discussion was held regarding options for preventing wider sharing and possible redaction of the presented images in the public meeting forum before it becomes part of the formal record. Chairman Schrag thanked McKay Treanor for the content of the presentation and supported concerns expressed by Commissioners regarding the photos. Chair Schrag stated the issue would be discussed with the DCFS Deputy Attorney General and in the following closed session to determine a resolution on further publishing the presentation photos. McKaye Treanor thanked the Commissioners and expressed her willingness to assist. Commissioner Ficalora also appreciated the content of Ms. Treanor's presentation and said that it appeared the Center was doing good work, had good data, and compared well with other similar facility presentations.

5. For information only. Desert Parkway Behavioral Healthcare Hospital – Michael Frye, Chief Operating Officer, Desert Parkway Behavioral Healthcare Hospital

Tara Crammer, Director of Outpatient Services at Desert Parkway, presented on behalf of Michael Frye. The 152-bed psychiatric facility located in Las Vegas treats adult and youth patients experiencing mental health or substance use challenges in a trauma informed care environment. Levels of care provided include: inpatient acute psychiatric, acute detoxification, substance use rehabilitation, sub-acute specialization program, partial hospitalization, and intensive outpatient care. Ms. Crammer described the facility amenities staff and free level of care assessments provided on a 24/7 basis. The facility has inpatient specialized units: First Responders and Military – Hope for Heroes Program, Substance Use Disorder – Aspire Recovery Program, Older Adults – Resilience Program, Autism, Youth, ages 8-17 – Specialized Neets Unit, and General Adults and Youth Program. Facility outpatient treatment programs were: Adult Mental Health and Substance Use PHP and IOP, First Responders and Military PHP and IOP, and Adolescent Mental Health PHP and IOP. Free level of care assessment are provided to the community 24/7 and a mobile assessment team is also available.

Charman Schrag thanked Ms. Crammer for the presentation and shared his experience that the care and confidentiality provided to the first responder community and uniformed service members by Desert Parkway has been exceptional. Commissioner Ficalora also endorsed the mobile assessment team services and gave feedback about the importance of making sure discharge information and client referrals going back to community providers. Commissioner

Giron asked about staffing challenges and Ms. Crammer explained that while it has been a periodic occurrence they overstaff units to ensure that the have capacity to deal with fluctuations of census and provide a positive environment for staff on an ongoing basis. Chairman Schrag commented about the need for crisis care 24/7 and how it impacts caregiver compassion fatigue and professional fatigue.

- 6. **For information only.** Presentation of the regional Children's Mental Health Consortia Annual Reports:
 - a. Clark County Children's Mental Health Consortium (CCCMHC) Amanda Haboush-Deloye for Rebecca Cruz-Nanez, Chair

Amanda Haboush-Deloye presented the 2024 CCCMHC priorities report showing the Consortium's vision for youth and family in southern counties to have timely access to a comprehensive, coordinated system of behavioral health services and supports. CCMHC's first priority is to provide mobile types of intervention and stabilization services to Clark County youth in crisis covered by stable funding sources. The second priority is to ensure the 988 system is successful and Substance Abuse Mental Health Services Administration (SAMHSA) guidelines are followed for responding to youth and families in a variety of diverse locations and family demographics. CCCMHC advocates for expansion of consistent family peer-to-peer support services. The 3rd priority is to focus on access to available services so youth and families can access care at earlier stages to reduce the need for crisis intervention services. Suicide prevention workforce development, EPSDT screenings for behavioral health, and expansion of evidence-based wraparound services are also a focus for CCCMHC.

b. Washoe County Children's Mental Health Consortium (WCCMHC) - Natalie Sanchez, Chair

Natalie Sanchez shared the vision of the WCCMHC for equitable community access to compassionate and comprehensive mental health services and support. The WCCMHC mission is to advocate on behalf of children, youth and their families in Washoe County who require timely access to an array of behavioral health treatment services. Consortium goals are to increase access to compassionate care in the least restrictive environment possible, decrease and buffer children and youth's exposure to toxic stress and increase child, youth, and family access to positive community-based experiences. WCCMHC highlighted the importance of family voice and the significant issues of childhood bullying. Addressing difficulties of families with diverse background and language challenges was also a focus along with ongoing work with Medicaid to better understand processes and reimbursements. A key initiative is to investigate and share what is looks like when a child goes on a suicide hold with the goal of getting more stakeholders involved.

7. For information only. Presentation, review, and feedback for Nevada Administrative Code 641B Revised Proposed Regulation The Board of Examiners for Social Workers – Sandra Lowery, Deputy Director, Board of Examiners for Social Workers

Sandry Lowery shared a summary of proposed changes to Nevada Administrative Code 641B and highlighted the nine changes recommended for the four behavioral Boards and licensure. Recommended changes were made to license expirations, remote clinical supervision, evidence of licensure verification, provisional and temporary licenses, telehealth language,

standards of practice, internship requirements, practitioner approval options, release of licensee information, and exam retesting requirements. A recommendation for broadening the number of automatically approved education credits is also included. Commissioner Mosby asked about inclusion of language around clinician oversight and Ms. Lowery explained that Nevada State licensure is required to practice and treat individuals in Nevada even if the provider (telehealth) is located elsewhere. Interns and intern supervisors must be co-located and live in Nevada for public protection. Out of state internships must be done sequentially and not at the same time as Nevada internships and internship hours can be accepted from other states. The status, challenges, and concerns regarding agency and licensing entities' ability to pursue child abuse and neglect charges and investigation notifications were discussed. It was decided this issue should be taken to the Deputy Attorney General for further clarification. Ms. Lowery will also check with some of the other state boards and commissions. Chair Schrag recommended a discussion of clustering common, consistent language across core elements of board requirements. Ms. Lowrey stated there will be a bill going forward in the next legislative session to participate in the Interstate Compact for Social Workers. Chair Schrag explained the Commission can provide letter of support for the Interstate Compact.

- 8. For information only. Aging and Disability Services Division update:
 - a. Autism Treatment Assistance Program Yeni Medina, Autism Treatment Assistance Program

Loren Gonzales, Clinical Program Planner for the ATAP program, gave the updated in Ms. Medina's place and reported 105 new applications were received in February with a total active caseload of 1,042 children, average age of 8.7 years. Average wait time for all ATAP children was 39 days. A new referral graph showed comparison of Street ATAP plans versus Medicaid caseload service coordination. Statistics were included for levels of professional growth and numbers of service providers (BCBA and RBT). Ms. Gonzales clarified that children with autism spectrum disorder must be previously diagnosed before being accepted into the program. The program will accept diagnosis from physicians, psychologists, pediatric neurologists or other qualified professionals.

b. Nevada Early Intervention Services - Dazzreal Kirby, Nevada Early Intervention Services

Khalileah Daniels, Psychological Developmental Counselor II, provided the updates in place of Dazzreal Kirby and reported work is in progress to develop computer system case notes and clinical diagnostics. They are also working on a pyramid model for developmental specialists to become more informed about social-emotional care for children and help develop different strategies for families to better connect with their children.

9. For information only. Update on System of Care Grant – William Wyss, System of Care Health Program Manager III, Division of Child and Family Services

Bill Wyss reported this is the last year of the System of Care (SOC) grant which ends in September 2024. A Summit is scheduled for July 24th with current grantees with the goal of focusing on grantee feedback and input. SOC is partnering with the National Training and Technical Assistance Center for Child Youth and Family Mental Health, SOC technical assistance partner for resources and consultation. Nevada PEP is also a partner to include youth voice as Summit speakers and involve youth as equal partners in the change process.

The new grant, if awarded by SAMHSA, will begin October 1st. A solid proposal was submitted to focus on children and youth with dual diagnosis, serious emotional disturbance and intellectual or developmental disabilities statewide and including diverse and underserved populations. The new grant goals are to assemble a statewide leadership committee to oversee grant goals and outcomes and develop a collaborative program of services to provide accessible, equitable and quality community-based services that are evidence-based for children and youth with dual diagnosis. Implementation of a statewide training plan is also a goal to enhance the knowledge and skills of government and community organizations who work with this population to utilize evidence based nonclinical interventions, support children to stay in their home, school and community and also to reduce the reliance on residential interventions. DCFS will partner with community-based providers to provide community-based services.

 For information only. Pediatric Mental Health Care Access Program Grant – Beverly Burton, Clinical Program Planner I, Training and Technical Assistance, Division of Child and Family Services, and Nicole Mara, Education and Information Officer, Nevada Pediatric Psychiatry Solutions, Division of Child and Family Services.

Nicole Mara reported on program accomplishments over the first six months of the federal fiscal year, which is the extension year of the grant. Six telegrams and seven infographics where published focusing on youth mental health topics. She encouraged everyone to contact her with events and topics for future publications. The Grant has sponsored multiple trainings for clinicians across Nevada (Circle of Security Parenting, Collaborative Assessment and Management of Suicidality (CAMS). Recruiting for the REACH Institute's Patient Centered Mental Health in Pediatric Primary Care (PPP) Mini fellowship program is in progress. DC Zero to Five clinical training is also available. Several young adult interns have completed all of their required training of practicum hours and are ready to take certification tests through a youth mental health workforce development program. Dr. Durette reported they also have a HRSA grant for proving pediatric mental health and have completed over 1,000 child psychiatry consultations to date and over 5,000 care coordination encounters.

11. For information only. Medicaid updates and changes – Sarah Dearborn, Social Services Chief II, Division of Health Care Financing and Policy

Lori Follett presented the update as Sarah Dearborn was unavailable to attend and shared a PowerPoint giving the history and status of Certified Community Behavioral Health Centers (CCBHCs) in Nevada. The presentation listed current CCBHC locations and contact information. Ms. Follet also reviewed CCCCBHC eligibility and benefits. CCBHCs are responsible for providing nine core services including 24-hour crisis services, treatment planning, screenings, outpatient care, case management, primary care screening, veteran's mental health care, peer and family support, and psychiatric rehabilitation services. Medicaid billing reimbursement information and links to CCBHCs were shared.

12. For information only. Announcements - Braden Schrag, Chair

Commissioner Mosby announced the 3rd Annual Men's Health and Wellness Conference is scheduled for May 31st at the Las Vegas City Hall in conjunction with June National Men's Health Month. The conference will focus on disparities in men's healthcare. Commissioner Mosby is also partnering with the city and community for a maternal mental health event in July.

- 13. For Information Only. Discussion and Identification of Future Agenda Items *Braden Schrag, Chair*
 - a. Psychiatric treatment facility presentations
- 14. **Public Comment.** No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.

None.

15. Adjournment. – Braden Schrag, Chair

The meeting adjourned at 11:54 am.

CHAT TRANSCRIPT

[8:41 AM] Meeting started [8:42 AM] Karv Wilder Welcome to the Commission on Behavioral Health with the Division of Child and Family Services Meeting. This meeting is being recorded. Supporting material may be obtained online at: https://dpbh.nv.gov/Boards/CBH/Meetings/2024/NVCBH2024/ [8:43 AM] Kary Wilder Please enter your name, title and organization name in the Chat for the record. Thank you [8:53 AM] Kristen Rivas (Unverified) Kristen Rivas DCFS PEU [8:54 AM] Kary Wilder Kary Wilder, PEU/DCFS, Admin support for this meeting, kwilder@dcfs.nv.gov [8:55 AM] Sherry Stevens Sherry Stevens DCFS NNCAS AA IV [8:55 AM] Shelly Mirato Shelly Mirato, CEO Desert Winds Hospital [9:01 AM] Victoria Erickson Vikki Erickson, Executive Director, Board of Examiners for Social Workers [9:01 AM] Gwendolyn Greene Dr. Greene-DCFS/DWTC [9:01 AM] read.ai meeting notes (Unverified) Michael added read.ai meeting notes to the meeting (recording enabled). Type 'read stop' to disable, or 'opt out' to delete meeting data. View Privacy Policy: https://www.read.ai/pp [9:02 AM] Sandra Lowery Sandra Lowery, Deputy Director, Board of Examiners for Social Workers.

[9:02 AM] Lisa Durette MD Lisa Durette MD, Commissioner, Chair of Psychiatry at UNLV [9:03 AM] Shahan, Beverly Beverly Shahan, Director of Business Development for Spring Mountain Treatment Center and Spring Mountain Sahara [9:04 AM] Arvin Operario Arvin Operario RN, Commissioner [9:04 AM] Alejandro Ruiz Alejandro Ruiz DCFS PEU [9:05 AM] Nicole Mara Nicole Mara, Education & Information Officer with DCFS NVPeds [9:06 AM] Lori Follett Lori Follett, Nevada Medicaid Behavioral Health Coverage Unit [9:07 AM] Flannery, Douglas Doug Flannery, Director of Risk Management. Spring Mountain Treatment Center/Sahara [9:11 AM] b8384s Good Morning, Everyone! I'm glad to see you all here and your continued support to provide collaborative growth of our behavioral health services and care for our community! [9:15 AM] Joelle McNutt Joelle McNutt, Executive Director Board of Examiners for MFT/CPC [9:16 AM] Guastella, Linda Hi everyone, Linda Guastella, Director of Health Equity and Cultural Competency at Molina Nevada [9:17 AM] Edwards, Dorothy A Dorothy Edwards, Washoe Regional BH Coordinator [9:16 AM] Guastella, Linda Hi everyone, Linda Guastella, Director of Health Equity and Cultural Competency at Molina Nevada [9:17 AM] Edwards, Dorothy A Dorothy Edwards, Washoe Regional BH Coordinator [9:34 AM] Edwards, Dorothy A Thank you for that presentation and the efforts you are making on behalf of the youth you are serving [10:16 AM] Lori Follett CCBHC@dhcfp.nv.gov for Nevada CCBHC information. [10:17 AM] Lori Follett CCBHC Dashboard https://app.powerbigov.us/view?r=eyJrIjoiNGNkNmFiYjgtOGY3NS00NTY2LTg1MjMtOGE10DM 5NjVmODRlIiwidCI6ImU0YTM0MGU2LWI4OWUtNGU2OC04ZWFhLTE1NDRkMjcwMzk4MC **J9** Power BI Report Report powered by Power BI [10:18 AM] Dan Ficalora (External) Thank you Lori for chiming in - appreciate your efforts! [10:36 AM] Gregory Giron (Guest) outstanding Natalie! [10:36 AM] Natalie Sanchez (Unverified) nataliesanchez.mft@gmail.com [11:00 AM] Kary Wilder

The next Commission on Behavioral Health meeting with the Division of Child and Family Services will be June 13th.

[11:26 AM] Nicole Mara

If there are events you would like NVPeds to promote in our monthly telegrams or if you would like to be added to the NVPeds Listserv to receive future publications & information about upcoming professional development opportunities, please contact <u>NVPeds@dcfs.nv.gov</u>.

[11:26 AM] Nicole Mara

We are seeking to recruit and sponsor 25 attendees to participate in the REACH Institute's Patientcentered Mental Health in Pediatric Primary Care (PPP) mini-fellowship, a training geared towards primary care providers who work with youth. (Pediatricians, APRN/Nurse Practitioners, Physician Assistants, & Family Physicians) Flyer: <u>https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:ebd43bf5dd92-4a26-92ea-d28dab923bd4</u>

Adobe Acrobat - 2024 NVPeds REACH PPP Flyer ADA rev3.28 (2).pdf

View this file and add comments too.

[11:26 AM] Nicole Mara

The UNR Continuing Medical Education Library currently houses six NVPeds-sponsored on-demand trainings that are part of the *Children's Behavioral Health Program*

Series. https://med.unr.edu/cme/childrens-behavioral-health

Children's Behavioral Health Program Series | School of Medicine | University of Nevada, Reno [11:45 AM] Lori Follett

lfollett@dhcfp.nv.gov

[11:53 AM] Nicole Mara

Wishing you all a day worthy of you! Thank you!

[11:54 AM] Meeting ended